



ST. ALPHONSA SYRO-MALABAR CATHOLIC CHURCH

PARISH BULLETIN

FEBRUARY/MARCH 2025



*Teach me what I do not
see; if I have done iniquity,
I will do it no more
Job 34:32*



ST. ALPHONSA
SYRO - MALABAR CATHOLIC CHURCH
VANCOUVER, BC

2025 MARCH

SUNDAY
4.00 pm Way of the Cross
5.00 pm **HOLY QURBANA**
ST. BERNADETTE CHURCH
6543 132 St. Surrey, BC V3W 4L4

MONDAY TO WEDNESDAY
6.30 pm Rosary
7.00 pm **HOLY QURBANA**

THURSDAY
6.30 pm - 7.00 pm Adoration
7.00 pm **HOLY QURBANA**

FRIDAY
6.00 pm **HOLY QURBANA**
Way of the Cross

SATURDAY
9.00 am **HOLY QURBANA**
MISSION HOUSE - 14331 86 Ave,
Surrey, BC, V3W 0N9

ST. ALPHONSA
SYRO - MALABAR CATHOLIC CHURCH
VANCOUVER, BC

Save the Date

Retreat

2025 MARCH
28, 29, 30
FRIDAY SATURDAY SUNDAY

REV. SR. ANN MARIA SH

ST. ALPHONSA SYRO- MALABAR CATHOLIC CHURCH

6543 132 St, Surrey, BC V3W 4L4

MISSION HOUSE:

14331, 86 Ave, Surrey

PHONE: +1-778-951-8023

WEB: www.stalphonsabc.org

Email: parish@stalphonsabc.org

Follow us on:



Pastor

Fr. Thomas Venmanthara

Trustees

Alex Thomas
Jobin Jacob
Joyson George
Sinoj Sebastian

Secretary

Anju Thomas

Mission Centres



Starting March 2025, a regular monthly Qurbana will be held in Abbotsford and Chilliwack mission centers.

Abbotsford:

Second Saturdays at 7PM
 St. James Catholic Church
2777 Townline Rd, Abbotsford, BC V2T 5E1

Chilliwack:

First Saturdays at 7PM
 St. Mary's Catholic Parish
8909 Mary Street, Chilliwack, BC V2P 4J4

Parish Directory

As we celebrate the Decennial Year in our Parish (2025-2026), a new Parish Directory is being created to reflect our vibrant and growing community. This updated directory will serve as a valuable resource for strengthening connections among parishioners. We kindly request all families and individuals to submit their details:

✦ <https://forms.gle/KdquSxwxTxeKnSY2A>

For any questions regarding the data collection process, please contact parishdirectory25@gmail.com



There is space available for classified announcements and advertisements in the directory.

- ✦ Obituaries & Memorial Tributes
- ✦ Jubilee & Anniversary Greetings
- ✦ Congratulatory Messages
- ✦ Acknowledgements & Appreciations
- ✦ Business Advertisements

This is a great opportunity to connect with the parish community while supporting the work of our church.

Contact: **Mr. Binoy Paul** 📞 604-537-2354

SYRO MALABAR SABHAYE" Song

“സീറോ മലബാർ സഭയെക്കുറിച്ചുള്ള Group Dance Song, Vancouver ഇടവകയിലെ യുവജനങ്ങളുടെ മനോഹരമായ നൃത്താവിഷ്കാരം.

Watch here: <https://www.youtube.com/watch?v=GZHlsrSZpAc>

Decennial Eucharistic Year Contests

🌟 Congratulations to all the Forane level winners from our parish:

Storytelling (Grade 1-3):

- 🏆 First: Evelyn Tresa Lipin
- 🏆 Second: Ronex Ritto

Storytelling (JK/SK):

- 🏆 Third: Andrea Rojo

Speech (Grade 4-7):

- 🏆 First: Isabel Abraham



Congratulations!

🔔 Tax Receipts

Tax receipts for 2024 are now available for download through the **MyChurch** App.

🔗 <https://stalphonesabc.org/mychurchapp>

For any questions, please contact:

Sinoj Sebastian 📞 778-939-6790.



Lyrics: Albin Issac

Choreography: Bhavya Mathew

Camera: Sijin Vincent

Coordinator: Daya K Chacko

Dancers: Nitika Sijin, Saira Loyd, Rose loyd, Riana Febin, Rija Maria Joy, Jenitta Brigit Joy, Jasmine Tom



Speech (Grade 8-12):

- 🏆 Second: Sam Jose Paul

Speech (Youth):

- 🏆 Second: Ashley Suresh

Malayalam Speech (Youth):

- 🏆 Second: Albin Issac

HOLY QURBANA

St. Bernadette Parish

3:45 PM Way of the Cross

5 PM Qurbana

Mission House

Mon, Tue, Wed

6:30 PM Rosary

7 PM Qurbana

Thu

6:30 PM Adoration

7 PM Qurbana

Fri

6 PM Qurbana, Way of the Cross

Sat

9 AM



Chilliwack Mission

First Saturday

6:30 PM Rosary

7 PM Qurbana,

St. Mary's Catholic Church

Abbotsford Mission

Second Saturday

7 PM Qurbana, St. James Catholic Church

UPCOMING EVENTS

Retreat

March 28,29,30

July 5, 2025

Santom Fest



DECENNIAL EUCHARISTIC YEAR CONTESTS

Quiz Competition

| TOPICS | Bible (50%) Holy Eucharist (50%) | • St. John • Corinthians • Exodus • Holy Eucharist in the Bible • Holy Qurbana and its structure | Chapters 1 to 12 Study materials will be provided | | | | | | | | | | | | | | | | | | |
|------------|--|--|--|------------------|------------|-------------|---------|------------|--------------|---------|------------|----------------------------|------------|------------|-----------------------------|------------|------------|------------------------------|------------|--|--|
| CATEGORIES | <table border="1"> <thead> <tr> <th>Category</th> <th>Age group</th> <th>Language options</th> </tr> </thead> <tbody> <tr> <td>Category 1</td> <td>Grade 4 - 7</td> <td>English</td> </tr> <tr> <td>Category 2</td> <td>Grade 8 - 12</td> <td>English</td> </tr> <tr> <td>Category 3</td> <td>Youth (Below 35 years old)</td> <td>Eng or Mal</td> </tr> <tr> <td>Category 4</td> <td>Adults (Above 35 years old)</td> <td>Eng or Mal</td> </tr> <tr> <td>Category 5</td> <td>Seniors (Above 60 years old)</td> <td>Eng or Mal</td> </tr> </tbody> </table> | Category | Age group | Language options | Category 1 | Grade 4 - 7 | English | Category 2 | Grade 8 - 12 | English | Category 3 | Youth (Below 35 years old) | Eng or Mal | Category 4 | Adults (Above 35 years old) | Eng or Mal | Category 5 | Seniors (Above 60 years old) | Eng or Mal | | |
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| Category 5 | Seniors (Above 60 years old) | Eng or Mal | | | | | | | | | | | | | | | | | | | |

Saturday, 29 March 2025
Grade 4 to 12 - 12 pm PST
Youth & adults - 12:15 pm PST

For guidelines, registration, and more information please refer to the [Google form](#).

CONTACT DETAILS
 Asha Gino: 604-240-4326
 Beena Parappilly: 778-987-8841

ST ALPHONSA SYRO-MALABAR CATHOLIC CHURCH, VANCOUVER BC

DECENNIAL EUCHARISTIC YEAR CONTESTS

ESSAY AND POEM WRITING

Essay topic (3000 to 4000 words)
 Holy Qurbana: The most solemn celebration and commemoration of the Passover mysteries of Jesus Christ (English)
 വിശുദ്ധ കുർബാന : ഇറാശോമിശിഹായുടെ പെസഹാ രഹസ്യങ്ങളുടെ അനുസ്മരണയായ ആചരണം (മലയാളം)

Poem topic (24 to 28 lines)
 I am the bread of life (John 6:48) (English)
 ഞാൻ ജീവൻറെ അപ്പമാണ് യോഹന്നാൻ 6:48 (മലയാളം)

General Guidelines

- Category - English and Malayalam
- Age group - 35 years and above
- Allowed - Original work reflecting thoughts, emotions, spiritual reflections, vivid imagery, personal expressions.
- Not allowed - Replication or imagery of existing works, ChatGPT or any AI, plagiarism.
- Citations - Should be short, cited with the article or book name and author.

Deadline - May 4, 2025
 Handwritten copy → Signature of parish priest and official parish seal → Scan → Email to → stalphonsa.decennial@gmail.com

CONTACT DETAILS
 Asha Gino: 604-240-4326
 Beena Parappilly: 778-987-8841

ST ALPHONSA SYRO-MALABAR CATHOLIC CHURCH, VANCOUVER BC



Inviting all parishioners to participate in the upcoming contests.

Please contact:

Asha Gino:
 (604) 240-4326

Beena Parappilly:
 (778) 987-8841

For guidelines, registration and more information about quiz competition, refer:

https://docs.google.com/forms/d/e/1FAIpQLScXslc8wUbfzcmIF3WVEwla51lk7ocQe7M1L0yrTX1JCQ_Kg/viewform?usp=header



Catechism Updates

Solemn Holy Communion Initiation:

On February 16, First Holy Communion students were blessed after Mass during a special initiation ceremony.



Preparation classes for the Solemn Holy Communion has started at the mission house

Upcoming Catechetical Activities:

- March 2: Regular class
- March 9: Regular Class, English Qurbana & Pious Association Activities
- March 16, 23: Regular Class
- March 30: No class (Parish retreat)



BIBLE READINGS

March 2 2025

First Sunday of Lent
 Ex 34:27-35
 Is 58:1-10
 Eph 4:17-24
 Mt 4:1-11

March 9 2025

Second Sunday of Lent
 Gen 5:19-31
 Josh 4:15-24
 Rom 6:15-23
 Mt 7:21-27 (7:15-27)

March 16 2025

Third Sunday of Lent
 Gen 7:6-24
 Josh 5:13-6:5
 Rom 7:14-25
 Mt 20:17-28

March 23 2025

Fourth Sunday of Lent
 Gen 11:1-9
 Josh 7:10-15
 Rom 8:12-17
 Mt 21:33-44

March 30 2025

Fifth Sunday of Lent
 Gen 16:6-16
 Josh 9:16-27
 Rom 12:1-11
 Jn 7:37-39, 8:12-20



SMYM

Praise & Worship:

On Feb 16, 2025, SMYM hosted a Praise and Worship at the Mission House Chapel, followed by socialization and fellowship. 35 youths participated.



SMYM Youth Corner:

Inviting all youth of our parish to the SMYM Youth Corner – a social/spiritual gathering after Holy Qurbana every Sunday in front of the parish hall.

Mathruvedhi

Monthly 1st Friday Adoration by

Mathruvedhi continues to be a source of spiritual renewal, and the past session was even more special as prayers were dedicated for all expecting mothers.

Mathruvedhi also had a **Snack Sale** on February 23, which was a great success!




Eucharistic Singing Contest

As part of the Decennial Celebrations, Mathruvedhi is organizing a Eucharistic Singing Competition at the Parish level for all married women.

 Date: March 8th, 2025.

 Venue: Mission House.

 Time: 5:30pm-8:30pm.

Please join and be part of this 10 year celebration of our Eparchy.



SMYM Bowling for fun

SMYM is hosting an evening of fun bowling on March 01, 2025, at Zone Bowling, Coquitlam, for all youth of our parish.



 SYRO-MALABAR MATHRUVEDHI
EPARCHY OF MISSISSAUGA

ഓവ്യാകാരുണ്യഗീത മത്സരം
EUCCHARISTIC SONG
Contest

we invite all ladies to participate in the parish level Eucharistic song contest. 1st and 2nd will move into the Eparchy level contest.

On Saturday March 8th 2025
at Mission House.
Time: 5:30 to 8:30pm.
Give your name by 28th February.

Contact- Indu- 604-246-2981
Selma-778-522-1071

CATECHETICAL DEPT.

Beena Parappilly (Principal)

Roseline Binoj (Vice Principal)

PIOUS ASSOCIATIONS

Roseline Binoj

KNIGHTS OF COLUMBUS

Jobin Jacob

SHEPHERDS OF FAITH

Lucy Johnson

MATHRUVEDHI

Sanitha Nereveettil

PITHRUVEDHI

Velby Paul

INTERNATIONAL YOUTH

Raina Mariya John

NATIONAL YOUTH

Rohan Roy

ACCOUNTANT

Binoy Paul

PARISH CO-ORDINATOR

SAFE ENVIRONMENT

Shanty Paulose


Pithruvedhi

Racquet fest

Pithruvedhi hosted an exciting Badminton Tournament on January 11, 2025, bringing our parish community together for a day of fun, fitness, and friendly competition. The event was filled with energy as participants showcased their skills on the court.




Winners:

 Gino Mathew & Rockey Miju

Runners-up:

Tom Sunil & Elroy Ambrose

Division 2 Winners:

 Dhanoj Jose Alapatt & Jinto Augustine

Division 2 Runners-up:

Georgey Varghese & Jyothish Varghese

Qurbana Booking

We extend an invitation to every family to participate in the daily masses at Mission House. Each family is encouraged to sign up for significant occasions or any special intentions.

<https://stalphonsabc.org/qurbana-booking/>

Church Donations

A big thanks to all donors of our church. May God bless you for your generosity! You may e-transfer your donations and regular tithe to our church email or direct deposit to the church account.

Our church email id and account details:

parish@stalphonsabc.org

TD Bank account (Branch 0275):

Account Number - 7888-5251473

We encourage our parish members to join our Pre-authorized Debit (PAD) system for Sunday collections.

For PAD agreement forms, please contact your family unit leaders or any of the trustees.

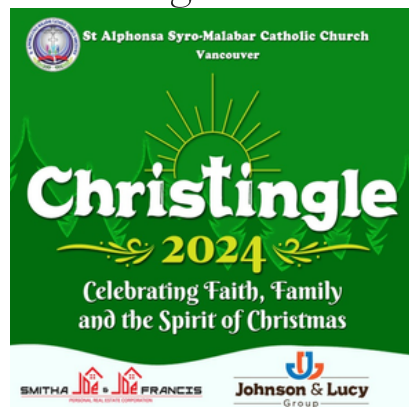


Family day celebrations

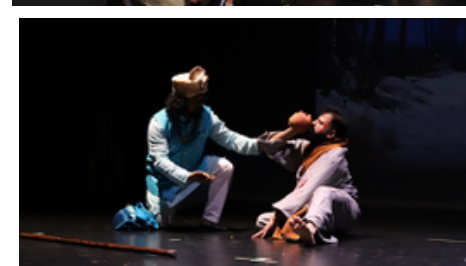
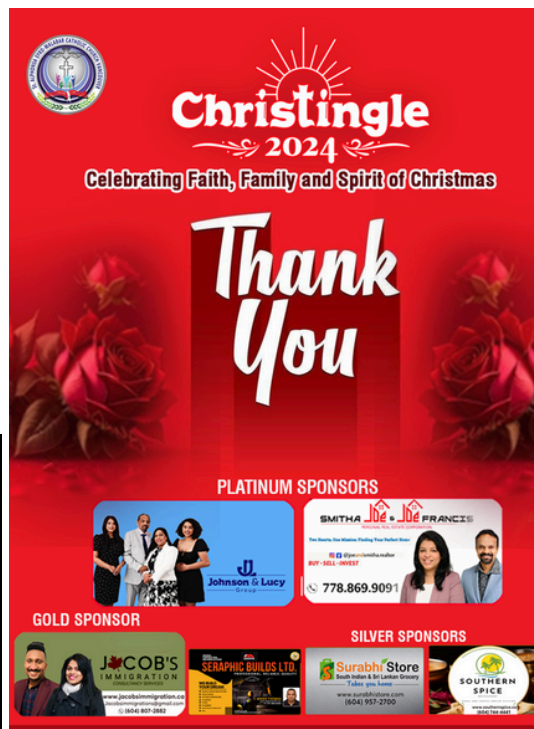
Pithruvedhi organized Family Day celebrations on February 16, 2025, with a fun-filled auction and exciting door prizes. Parishioners came together, shared laughs, and created wonderful memories.



Christingle 2024



🌟 Our Christmas and New Year celebration, Christingle 2024, held on January 4, was a truly joyous occasion! 🌟 The evening featured incredible performances by our parishioners—kids and adults alike—spreading joy and showcasing their amazing talents. The night ended on a high note with a delightful dinner.





A heartfelt **THANK YOU** to our incredible community of volunteers, sponsors, and parishioners! 🎁❤️ Your kindness, generosity, and support made Christingle 2024 a shining success! 🌟🕯️ May the light of Christ continue to shine in our hearts always!



Family Unit Updates

The registered members of the parish are divided into family units based on the location of their residence.

St. Thomas



St. Jude



St. Sebastian



St. Chavara



St. George



Please visit <https://www.stalphonsabc.org/family-units/> to know the family unit you belong to and the leader's information