



ST. ALPHONSA SYRO-MALABAR CATHOLIC CHURCH

PARISH BULLETIN

APRIL 2025



Teach me what I do not see; if I have done iniquity, I will do it no more
Job 34:32



HOLY WEEK

ST. ALPHONSA
SYRO - MALABAR CATHOLIC CHURCH, VANCOUVER, BC

2025 APRIL 13 PALM SUNDAY

04.15 PM WAY OF THE CROSS
05.00 PM PALM SUNDAY SERVICES STARTS IN PARISH HALL

2025 APRIL 17 PESAHA THURSDAY

3.30 PM HOLY QURBANA AND WASHING OF THE FEET CEREMONY
ST. BERNADETTE PARISH 6543, 132, ST. SURREY V3W 4L4

2025 APRIL 18 PASSION FRIDAY

10.00 AM PASSION OF THE LORD
CARMEL HILL, LITTLE FLOWER MONASTERY 10789 N DEROCHE RD. DEROCHE, BC V0M 1G0

06.00 PM PASSION OF THE LORD
ST. BERNADETTE PARISH 6543, 132 ST. SURREY V3W 4L4

2025 APRIL 19 GREAT SATURDAY

08.00 AM HOLY QURBANA
ST. BERNADETTE PARISH 6543, 132 ST. SURREY V3W 4L4

05.00 PM HOLY QURBANA
ST. JAMES CHURCH 2777 TOWNLINE ROAD, ABBOTSFORD

2025 APRIL 20 EASTER

SUNDAY 12.00 AM EASTER VIGIL HOLY QURBANA
SUNDAY 05.00 PM HOLY QURBANA

Lenten Retreat



Lenten retreat led by **Rev. Sr. Ann Maria SH** held from March 28 to March 30 was a spiritually enriching experience to all who attended

ST. ALPHONSA
SYRO - MALABAR CATHOLIC CHURCH
VANCOUVER, BC

LENTE Retreat

2025 MARCH 28, 29, 30

FRIDAY SATURDAY SUNDAY

LED BY: SR. ANN MARIA S H



ST. ALPHONSA SYRO- MALABAR CATHOLIC CHURCH

6543 132 St, Surrey, BC V3W 4L4

MISSION HOUSE:

14331, 86 Ave, Surrey

PHONE: +1-778-951-8023

WEB: www.stalphonsabc.org

Email: parish@stalphonsabc.org

Follow us on:



Pastor

Fr. Thomas Venmanthara

Trustees

Alex Thomas
Jobin Jacob
Joyson George
Sinoj Sebastian

Secretary

Anju Thomas

Mission Quest 2024



Annual Pothuyogam

AGM was held on March 23 2025 at St. Bernadette's church. Financials and report from 2024 was presented in the AGM.

Catechism Updates

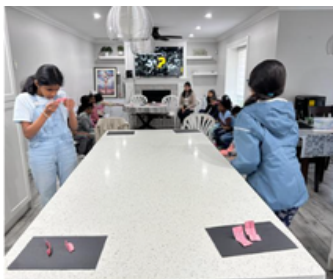
Upcoming Catechetical Activities:

- April 6: Regular class
- April 13: Palm Sunday. No class, Way of the cross led by Catechism dept.
- April 20: Easter, No Class
- April 27: Regular class



Solemn Holy Communion:

Preparation for Solemn Holy Communion is underway. 13 students are preparing for Holy communion which will be held on May 10th. Classes are held every Saturday at Mission house.



Kevin Sha Memorial Scholarship



Kudos to **Erin Mathew** for winning the Kevin Sha Memorial Scholarship 2024!



Decennial Eucharistic Year Contests

Inviting all parishioners to participate in the upcoming contests.

Please contact:

☎ **Asha Gino:** (604) 240-4326

☎ **Beena Parappilly:** (778) 987-8841

DECENNIAL EUCHARISTIC YEAR CONTESTS

ESSAY AND POEM WRITING

Essay topic (3000 to 4000 words)

Holy Qurbana: The most solemn celebration and commemoration of the Passover mysteries of Jesus Christ (English)

വിശുദ്ധ കുർബാന : ഈശോവിശിഹായുടെ പെസഹ രഹസ്യങ്ങളുടെ അത്യുന്നതമായ ആചരണവും അനുസ്മരണവും (മലയാളം)

Poem topic (24 to 28 lines)

I am the bread of life (John 6:48) (English)

ഞാൻ ജീവൻറെ അപ്പമാണ് യോഹന്നാൻ 6:48 (മലയാളം)

General Guidelines

- Category - English and Malayalam
- Age group - 35 years and above
- Allowed - Original work reflecting thoughts, emotions, spiritual reflections, vivid imagery, personal expressions.
- Not allowed - Replication or imagery of existing works, ChatGPT or any AI, plagiarism.
- Citations - Should be short, cited with the article or book name and author.

Deadline - May 4, 2025

Handwritten copy → Signature of parish priest and official parish seal → Scan → Email to →

stalphonsa.decennial@gmail.com

HOLY QURBANA

St. Bernadette Parish

4 PM Way of the Cross

5 PM Qurbana

Mission House

Mon, Tue, Wed

6:30 PM Rosary

7 PM Qurbana

Thu

6:30 PM Adoration

7 PM Qurbana

Fri

6 PM Qurbana, Way of the Cross

Sat

9 AM



Chilliwack Mission

First Saturday

6:30 PM Rosary

7 PM Qurbana,

St. Mary's Catholic Church

Abbotsford Mission

Second Saturday

7 PM Qurbana, St. James Catholic Church



Qurbana Booking

We extend an invitation to every family to participate in the daily masses at Mission House. Each family is encouraged to sign up for significant occasions or any special intentions.

<https://stalphonsaabc.org/qurbana-booking/>

UPCOMING EVENTS



July 5, 2025
Santom Fest

Pious Association



Pious association activities in honor of St. Joseph's Day was conducted on March 9th, featuring various activities for the Catechism students.

Mathruvedhi

Mathruvedhi, in its devotion and commitment to spiritual growth, continued its tradition of conducting Adoration on the first Fridays of each month at the Mission House, fostering a deep sense of prayer and communion.

International Womens day:

On March 8th, as the world observed International Women's Day, gratitude and reverence were extended to the women who stand as pillars of strength, love, and grace.

🎵 On this day, the Parish-level Eucharistic Song Competition was held!

Winners of Eucharistic singing contest:

- 🥇 1st – Honey Mathew
- 🥈 2nd – Asha Thomas
- 🥉 3rd – Twinkle Rose Lyjo



Congratulations to all the talented participants! 🌟🎵

On March 24th, an Adoration was held at the Mission House to observe Mangalavartha Dinam, a day devoted to honoring and seeking the blessings of Our Lady of Good Health. This sacred occasion offered the community an opportunity to come together in prayer, reflecting on the grace and protection of the Holy Mother in their lives.



BIBLE READINGS

April 6 2025

Sixth Sunday of Lent

Gen 19:15-26 (19:1-7, 9-26)

Josh 21:43 - 22:5 (21:43 - 22:9)

Rom 14:13-23

Jn 10:11-18 (9:39 - 10:21)

April 13 2025, Palm Sunday

Seventh Sunday of Lent

Gen 49:8-12, 22-26 (49:1-12, 22-26)

Zech 9:9-12

Rom 11:13-24

Mt 21:1-17 (20:29-21:22)

April 20 2025, Easter

First Sunday, Season of Resurrection

Is 60:1-7

1 Sam 2:1-10

Rom 6:1-14 (5:20-6:23)

Mt 28:1-6

April 27 2025

Second Sunday, Season of Resurrection

Is 55:4-13

Acts 4:32-37 (4:32-5:11)

Col 1:12-20 (1:1-20)

Jn 20:19-29 (20:19-31)



SMYM



The youth of SMYM had an evening of fun bowling on March 22, 2025, at Zone Bowling, Coquitlam. 22 Youth members participated.

Family Unit Updates

The registered members of the parish are divided into family units based on the location of their residence.



Please visit <https://www.stalphonsabc.org/family-units/> to know the family unit you belong to and the leader's information



Church Donations

A big thanks to all donors of our church. May God bless you for your generosity! You may e-transfer your donations and regular tithe to our church email or direct deposit to the church account.

Our church email id and account details:
parish@stalphonsabc.org
TD Bank account (Branch 0275):
Account Number - 7888-5251473

We encourage our parish members to join our Pre-authorized Debit (PAD) system for Sunday collections.

For PAD agreement forms, please contact your family unit leaders or any of the trustees.



CATECHETICAL DEPT.

Beena Parappilly (Principal)
Roseline Binoj (Vice Principal)

PIOUS ASSOCIATIONS

Roseline Binoj

KNIGHTS OF COLUMBUS

Jobin Jacob

SHEPHERDS OF FAITH

Lucy Johnson

MATHRUVEDHI

Sanitha Nereveetil

PITHRUVEDHI

Velby Paul

INTERNATIONAL YOUTH

Raina Mariya John

NATIONAL YOUTH

Rohan Roy

ACCOUNTANT

Binoy Paul