St. Alphonsa Syro-Malabar Parish Bulletin - February 2021

Greetings from our Parish!

"How great is the joy experienced when everything is offered in the Sacred Heart of Jesus" - St. Alphonsa



WEEKLY SERVICES

SUNDAYS

February 7, 14, 21 & 28, 2021 *Holy Mass — 5:30pm Online Streaming - YouTube

*See Holy Mass Schedule section for more details

St. Alphonsa Syro-Malabar Catholic Church

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IMPORTANT DATES

ANNUAL GENERAL MEETING

Feb 07, 2021 6:45pm Via Google Meet

LENT 2021

Starts on Feb 14, 2021

HOLY MASS SCHEDULE*

*Based on the Provincial Health Order from Dr. Bonnie Henry, until further notice, Holy Masses will be offered without public congregation.

We will continue to livestream our Sunday Holy Mass at 5:30 pm through YouTube. Online Mass can also be viewed at our website home page www.stalphonsabc.org

February 2021 - Message from Parish Priest

ഈശോയിൽ പ്രിയ സഹോദരി - സഹോദരൻമാരെ. ആരാധനാക്രമവത്സരത്തിലെ ദനഹാ കാലഘട്ടത്തിന്റെ സമാപനത്തിലേക്കും, തുടർന്ന് നോമ്പ് കാലത്തേക്കും നാം പ്രവേശിക്കുകയാണല്ലോ. ഈശോയുടെ പരസ്യജീവിതത്തിന്റെ അവസാനത്തിലാണല്ലോ രക്ഷാകരകർമ്മങ്ങളുടെ പരിസമാപ്തി കുറിക്കുന്ന അവിടുത്തെ പീഡാനുഭവവും മരണവും ഉത്ഥാനവും... ദനഹാകാലത്തിനും ഉയിർപ്പുതിരുനാളിനും ഇടയ്ക്കുള്ള ഏഴ്



ആഴ്ചകൾ പ്രാർത്ഥനയ്ക്കും, പ്രായശ്ചിത്തത്തിനും, ഉപവാസത്തിനുമായി നീക്കി വച്ചിരിക്കുന്നു. ഈശോയുടെ നാൽപതു ദിവസത്തെ ഉപവാസമാണ് "വലിയ നോമ്പ് " എന്ന പേരിൽ അറിയപ്പെടുന്ന ഈ കാലത്തിന്റെ അടിസ്ഥാനം. എങ്കിലും നാം സാധാരണമായി അമ്പത് നോമ്പ് എന്നാണ് ഈ കാലത്തെ വിളിക്കുക.

മാർത്തോമ്മാ ക്രിസ്ത്യാനികൾ 'പേത്തുർത്താ 'ഞായർ മുതൽ ഉയിർപ്പുതിരുനാൾവരെ നോമ്പ് നോക്കിയിരുന്നതാകാം അമ്പതുനോമ്പ് എന്ന് പറയാൻ കാരണം."പേത്തുർത്താ ", എന്ന സുറിയാനി പദത്തിന്റെ അർത്ഥം "തിരിഞ്ഞുനോക്കൽ", "അവസാനിപ്പിക്കൽ ", എന്നൊക്കെയാണ്. അനുതാപത്തോടും പശ്ചാതാപത്തോടും കൂടി ദൈവതിരുസന്നിധിയിലേക്ക് തിരികെ വരാനും, സുഭിക്ഷമായ ഭക്ഷണത്തിന്റെയും ആഘോഷങ്ങളുടെയും ദിനങ്ങൾ അവസാനിച്ചു എന്നുമാണ് ഈ പദപ്രയോഗം കൊണ്ട് വിവക്ഷിക്കുന്നത്. ഈ വർഷം ഫെബ്രുവരി പതിനാലാം തിയതി ഞായറാഴ്ല പാതിരാ മുതലാണ് മാർതോമ ക്രിസ്ത്യാനികളുടെ നോമ്പ് ആരംഭിക്കുക, ഫെബ്രുവരി 15 തിങ്കളാഴ്യ ഉപവാസദിനവും, വിഭൂതി തിരുനാൾ ദിനവുമാണ്...

നമ്മുടെ ഇപ്പോഴത്തെ പ്രത്യേക സാഹചര്യത്തിൽ, മുൻ വർഷത്തെ വെഞ്ചിരിച്ച ഓല കത്തിച്ചു ഭസ്മമാക്കി കുടുംബ നാഥൻ കുടുംബാഗം ങ്ങളുടെ നെറ്റിയിൽ പൂശി കുരിശുവര തിരുനാൾ നമുക്ക് സ്നേഹപൂർവ്വം വികാരിയച്ചൻ. അചരിക്കാം...

> Social Media

We continue livestreaming our Sunday worship services through YouTube. Subscribe to our YouTube channel and click the bell icon to receive notifications. Check your email and Parish Whatsapp group regularly and stay connected with the community!

> Family Units

The registered members of the Parish are divided into several family units based on the location of their residence. Each family unit gathers once a month (currently online) for prayer meeting. Please contact us (email: parish@stalphonsabc.org) to know which family group you belong to. Get involved and be part of this community!

> Year of St. Joseph

Prayers of Proclamation: Bishop Mar Jose Kalluvelil gave approbation to the Prayers of Proclamation to be used in Holy Qurbana and Liturgy of Hours during this year prepared by Central Committee.



Suggestions for the Year of St. Joseph:

- 1. Resemble to St. Joseph in your family life
- 2. Obtain special indulgence this year
- 3. Learn the different attributes given to St. Joseph traditionally in the church

> Catechism

Mid-Year Examination for Catechism Students from JK to Grade 12 was conducted last month. Online classes have resumed.

> Solemn Holy Communion & Confirmation

- Preparation classes starts on February 07, 2021 as online classes.
- Students from Grade 3 & above, who are planning to receive Solemn Holy Communion & Confirmation this year, please give your names to your Catechism Teacher, Achan or Shanty.
- Students who are receiving the Solemn Holy Communion & Confirmation this year (from all grades), please register with your Catechism Teacher, Achan or Shanty by February 28, 2021.
- The date of the Solemn Holy Communion & Confirmation ceremony for this year is yet to be announced.



> Pious Association for Children

We will be launching Pious Associations in our parish shortly. Stay tuned for more details!

Meetings of Kaikkarans and Parish Council Members

Meetings of Kaikkarans and Parish Council
Members were held Canada-wide on January 23, 27
and 30. These three meetings were very effective
and successful. H.E. Bishop Mar Jose Kalluvelil
inaugurated the meetings and Rev. Fr. Tenson
Paul, Chancellor, presented the responsibilities of
Kaikkarans and Parish Council Members.

> SMYM International

Vision 2021:

As part of SMYM Canada International's ongoing initiatives to welcome International students to Canada and to ensure their successful transition, Vision 2021- a Virtual (Zoom) Orientation Program is being planned for prospective students to Canada from India on Feb 27,2021 @7.30p.m IST (9 a.m EST). Resource persons from various sectors will lead sessions.

Registration is open now! Please see the link: http://smymcanada.com/vision2021.html

SMYM Canada Job Portal:

They have also launched a job portal to help people to connect to jobs and resources. This will be beneficial for many Youth and newcomers in Canada.

Visit Link- http://smymcanada.com/jobportal.html

➤ Lent 2021

Lent is a season of grace. It is a time to fast, pray and give. Let us set aside more time to pray, make a good confession, and beg Jesus for a clean Heart, try to attend Holy Mass every day and show our love in service by doing charity works. Let us rejoice in the season of Lent, which is a gift and blessing for us. Let us die to sin and rise to new life!



> Tax receipts

Tax receipts are getting ready, don't forget to inform Achan if your address has changed. Once it is ready, we will inform you and you can collect it from Achan after making prior appointments for visit.

> AGM 2021

Annual General Meeting (Pothuyogam) of this year will be conducted online on Sunday, February 7th, after Holy Mass. All members of the Parish, above the age of 21 can join us for the virtual meeting via Google Meet.

Parish Council

Pastor: Fr. Sajy Thomas Chakkittamuriyil

Trustees	Sunil Thomas & Joji Alex
Secretary	Ninu Joseph
Financial Coordinators	Prince James, Lucy Varghese & Somini Chelat
Spiritual Coordinator	Biju Arackal
Liturgy Coordinator	Jobu J. Mathew
PRO 8 Communications	Abraham Varghese
Catechetical	Shanty Poulose
Coordinators	& Biju Arackal
Yauth	Soalwin J Kallingal
Coordinators	& Jenson James
International	Alvin George, Joio Kurian.
students &	
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Food Committee	& Prince James
Mathrudeepthi	Ninu Joseph
Knights of Columbus	Jobu J. Mathew
Pioneers Coordinator	Vincent George
	Abraham Varghese
Pastoral Council	Biju Arackal
	Lucy Varghese
International students & New Immigrants Social Coordinators & Food Committee Mathrudeepthi Knights of Columbus Pioneers Coordinator	Alvin George, Jojo Kurian, Velby Jose & Ninu Joseph Thomas Kunjavoo & Prince James Ninu Joseph Jobu J. Mathew Vincent George Abraham Varghese Biju Arackal

Bible Readings for February 2021

Feb 07, 2021	Deut 24:14-22 (24: 9-22)
	ls 63:7-16

Heb 8:1-6(8:1- 9:10) Jn 3:22-31(3:22-4:3)

Feb 14, 2021 Ex 34:27-35 (34:1-7,27-35)

Is 58:1-10 (58:1-12,14) Eph 4:17-24 (4:17-5:4,15-21)

Mt 4:1-11(3:16-4:11)

Feb 21, 2021 Gen 5:19-31

Josh 4:15-24

Rom 6:15-23 (6:1-23) Mt 7:21-27(7:15-27)

Feb 28, 2021 Gen 7:6-24 (7:1-24)

Josh 5:13-6:5 Rom 7:14-25 Mt 20:17-28

Prayer requests

If you have a prayer request or if you know someone sick or shut-in who would like the church to visit or bring communion, please contact Fr. Sajy Thomas at 306-450-7790.

Church is open for private prayers, confessions and receiving Holy Communion. Please make appointment with Achan before you visit. Only one family is allowed at a time.

Donations to Church

"Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver." - 2 Corinthians 9:7

A big thanks to all who have offered your special Christmas donations to church. May God bless you for your generosity!

Please Interac e-transfer your regular tithe to our church email or direct deposit to the church account. Our church email ld and account details are given below:

parish@stalphonsabc.org

TD Bank account (Branch 0275);

Account Number - 7888-5251473

Please note that tax receipts will be provided for all donations above \$20.

Sign up for PAD System

We also encourage our parish members to join our PAD system for Sunday collections.

For PAD Agreement Forms, please contact: Prince James (604-499-1116) Sunil Thomas (604-761-4562) or your Family unit leaders.

Welcome New Comers!

We invite you to register and be part of our parish community. You may please contact

Fr. Sajy Thomas and register with our church.

Registration forms are available at Church and also on our website.

International Students, please do register with us and contact any of the parish council members for any questions or concerns you may have.

We are happy to help you in every possible way we can!

Also, please notify us if you are moving out from the parish.

"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future." – Jeremiah 29:11